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Best ice breaker activities for zoom

Check out our handy guide to the 10 best ice breaker games for large groups. These ideas work with groups of anywhere from 10 to 100+ people. In this chapter we'll take you through the best icebreaker games you can run with large groups. Organisations and businesses tend to work in large teams. However, it's no easy feat getting a large group of people who don't know each other to open up and relax - which is where team icebreakers can help out a great deal. Below is a list of 10 thoughtfully chosen fun icebreakers that are suitable for breaking the ice in large groups. They have a focus on being light-hearted, fun and simple. If your team is working remotely at the moment then you should check out our guide on virtual team building activities and fun games for remote teams. In there you'll find 100 good ice breaker games, ice breaker ideas, and other activities for small teams, big groups, and any company or team of any group size. They also come with instructions that you can try with your newly remote team. We hope you enjoy them as much as we do! 1) QuizBreaker Objective: To get teammates realising what they have in common with each other Participants: 10 to 500 people Duration: 5 minutes Difficulty: Easy Materials: None The goal of this virtual icebreaker game is to help large groups get to know each other better whilst having a bit of fun. Instructions Grab a free trial of QuizBreaker Add your team as one big group or split them into smaller teams Schedule your first to quiz to be sent out (via email) and then check out the leaderboard after all it's done! Click here to try out QuizBreaker with your team. 2) 10 Things in Common Objective: To get teammates realising what they have in common with each other Participants: 10 to 50 people Duration: 5 minutes Difficulty: Easy Materials: None Although research has suggested that characteristic diversity in teams enhances team performance, people feel connected when they realise they have things in common with each other - it promotes trust and gives a base for healthy relationship building. The goal of this great icebreaker is to remind us of exactly that and to help employees feel more connected with their colleagues. Instructions Break your team up into small groups. Get each team to find 10 things that they have in common that have absolutely nothing to do with work. Suggest the teams write down these 10 things and discussing them. 3) Pass The Buck Objective: To get team members to find out valuable information about each other Participants: 20 to 500 people Duration: 5 to 8 minutes Difficulty: Easy Materials: None We love this team building game because it encourages everyone to share valuable information about themselves. Instructions Ask participants to take a \$1 bill out of their pocket/purse and hold it in the air (those who don't have a \$1 bill should hold any other denomination in the air). Ask them to find someone near them who is holding the same amount of money and partner up with that person. Partner one shares a piece of information that they believe is of value, with partner two. Partner two decides whether the information is of value. If it is, they give them the money. If they don't, they can keep the money or ask for more information until they think it is of value. It then becomes partner one's turn to decide if partner two's information is worth value. 4) Repeat Performance Objective: To get team members involved and engaged in your speech Participants: 60 to 500 people Duration: 3 to 5 minutes Difficulty: Medium Materials: None We like this ice breaker activity because essentially it kills two birds with one stone. It's a good idea because you get to give a motivating and inspiring speech to your employees, whilst also introducing a fun and exciting ice breaker to Zoom meetings. Personally, we find the idea of giving a speech whilst breaking the ice novel and exciting because research has found time and time again, that a good speech improves employees empowerment and motivation - which is why this icebreaker is so high up our list. Instructions Before starting the game, you should decide on two specific words or phrases that you would like participants to walk away from the speech remembering. Explain to your employees that you would like them to participate in your speech and that they will do this by shouting out certain words when you point with your right hand and certain words when you point with your left hand (e.g., choose the words "yes" or "no" and ask icebreaker questions periodically throughout the speech for the audience to respond to). Before starting, do a practise round in which you point your left or right hand and get them to give answers. 5) Simon Sez Objective: To get team members finding out their similarities and differences based on their birthing order Participants: 10 to 200 people Duration: 5 minutes Difficulty: Medium to High Materials: None This is a well known activity that we used to play as kids. We love it because it gets attention, creates energy and gains the participation of everyone. We recommend using this in a speech at the start of the meeting, or as a break during a lengthy, and sometimes boring, meeting. Instructions Get your teams to stand up and get ready to play Simon Sez. Explain the simple rules: When you say "Simon sez" followed by an order, the group should obey the order; when you give an order saying "Simon sez", they should not follow the order. Give the orders. After each order, tell people who were correct in following the orders to remain standing, and people who were wrong to sit down. When finished, announce that the people still standing are the winners. This is the Simon Sez order: Simon sez lift your right hand into the air Simon sez lift your left hand into the air Put your right hand down Simon sez put your left hand down Simon sez point upward with your right hand Simon sez point downward with your left hand Simon sez point both hands toward yourself Point both hands towards your neighbors Simon sez stop point and sit down Simon sez stand up 6) Air Balloons Objective: To work in teams to keep a balloon in the air for as long as possible Participants: 20 or more Duration: 5 minutes Difficulty: Medium Materials: Balloons & stop watches We like the balloon game because it's fun, quick and easy. This icebreaker is guaranteed to get everyone up, involved and having a good time whether they are kids or adults. Instructions Separate your team into different teams. Ideally, each team should have no more than 3-5 people per team but you can have as many teams as you'd like. Give each team an inflated balloon. Nominate 1 player from each team to be a timekeeper - their job is to record the time that the team kept the balloon in the air without touching it. Everyone has 3 minutes to try and keep the balloon in the air for as long as possible - the balloon must be kept in the air for as long as possible, without being touched or without touching the ground. Each time the balloon is touched, or touches the ground, the stop watch must be set back to zero. The winning team are the one that keep the balloon in the air for as long as they can. 7) Blanket Game Objective: To get team members familiar with each other in a fun way Participants: 10 to 50 people Duration: 5 to 10 minutes Difficulty: Easy Materials: One very large blanket We love it because it's simple, yet effective. The blanket game is perfect for teams who don't know each other very well just yet. This icebreaker places a massive emphasis on helping everyone to get to know each other just that little better... And, it introduces a bit of friendly competition! Instructions Split the group into teams of 5 to 10 people. Get a volunteer to help you stand at the front and hold a blanket up. One by one, members of team one sit behind the blanket, so that team two members can't see them. On the count of three, drop the blanket. The first player to correctly identify the name of the player behind the blanket wins the round, earning on point for their team. Repeat until the time runs out. 8) Frozen T-Shirt Race Participants: 15 to 50 people Duration: 10 to 15 minutes Difficulty: Medium Materials: Water, freezer, large t-shirts (enough for each player) This is perhaps the most immature ice breaker game we have... and the most weather dependent (make sure you do it on a hot day, you don't want your team all getting sick with a cold!) This icebreaker is a great activity to promote team communication and spot a natural born group leader or problem-solver within any team. It's the perfect icebreaker too for teams who want something to break the rhythm of virtual meetings, day-to-day operations, and so on. Instructions Before the icebreaker, freeze the t-shirts overnight. Place each t-shirt in water, and then wring it out. Fold the t-shirt neatly into a square, so that it fits inside a freezer bag. Once the shirt is folded flat, press it to squeeze out the remaining water and then seal the bag and lay it flatly in the freezer. Separate the players into teams (no more than 4 or 5 players on one team). The goal is for each team to use whatever they can to thaw a t-shirt enough to wear it. Whichever team gets their t-shirt on first wins. 9) Line Up Game Objective: Getting everyone to work together as a team to arrange themselves in a line based on a quality that is not apparently obvious Participants: 10 to 20 people Duration: 5 to 20 minutes Difficulty: Hard Materials: None We love line up because it places an emphasis on people's qualities and their uniqueness; with research finding that diversity and uniqueness in teams actually increases team performance. We also love the lineup game because it helps pinpoint natural leaders and team players. Instructions Give your team a quality (e.g., birthdays) which they will have to form a line, in order, according to (e.g., January 1st is the furthest to the left, and December 31st is the furthest to the right). When the group believes that the line up is correct, they will start at one end and call out their birthdays. If the line up is correct, then the game is won. If the line up is incorrect, then do it again with another characteristic (e.g., shoe size). 10) Scavenger Hunt Objective: To work in teams to collect objects from around the office Participants: 15 to 40 people Duration: 10 to 15 minutes Difficulty: Medium Materials: A list of objects that can be found in the office If you're able to set aside at least a few hours for employee orientation, then it's highly recommended that you try out this fun icebreaker. We love scavenger hunt because it is a great and engaging way to introduce a new person into the workplace and get a feel for their new job. Not only does it encourage collaboration and interaction, it's also an activity that all personality types can enjoy Instructions Break everyone into small groups of four or five. Give each group a short list of things to find within the office (e.g., a hole punch, tea bags, a pink pen...). Set the clock for 5 minutes and instruct the teams to find as many of the things of the list as possible. The winning team is the team who has the most stuff from the list collected. Tip: in order to spice things up a little further, you should add a small incentive for the winning team. 11) Marshmallow Toss Objective: Teammates have to catch as many marshmallows in their mouth as possible Participants: 10 or more Duration: 5 to 10 minutes Difficulty: Medium Materials: Marshmallows & masking tape We love this game because it creates a friendly and light-hearted atmosphere. It produces a bit of competition, and encourages everyone to work on their hand eye coordination! Disclaimer: Safety comes first. Be aware of choking hazards! Instructions Separate the team into pairs. Use masking tape to set the distance between the two teams. Line each pair up so that one player is behind one marked line and the other player is directly across from them behind the other marked line. Teams should toss a marshmallow fairly accurately for one line to the other. The winning team is the team who catches the most marshmallows in their mouth in the two minute time period. Pairs can either alternate who throws, or one person can be the designated 'thrower' and the other the designated 'catcher'. Frequently Asked Questions Conclusion We hope you've liked our list of the best ice breaker activities for large groups. Try these out and let me know how you go.

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